

The Scout Time Out

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SportsSports

e-mail: thescout@hua.army.mil

Band concert

Members of the 36th Army Band will present a concert of chamber music this Sunday, 3 p.m. in the Ethel Berger Center. The one-hour program will feature the 36th Army Band Jazz Combo and percussion section and will also include music for trumpet and clarinet. Audience members are invited to stay after the concert for snacks and conversation. Admission is free and open to the public.

B Troop roll call

B Troop, 4th U.S. Cavalry (Memorial) will participate in "Roll Call at Fort Bowie" 10 a.m., Saturday. The event is sponsored by the National Park Service at the Fort Bowie National Historic Site east of Wilcox. The day will feature historic tours, firing demonstrations, and re-enactors. B Troop will conduct a memorial ceremony at the Fort Bowie cemetery at and will be available at the fort ruins afterwards for photos and discussions. Fort Bowie is the location where B Troop escorted Geronimo after his final surrender in 1886.

111th esprit de corps run

The 111th Military Intelligence Brigade will conduct an esprit de corps run tomorrow. Start time is 5:55 a.m. Unit and family members are encouraged to participate. Winners will receive awards at the end. Proceeds will go to the Main Post Chapel's Food Locker Program.

For more information, call Capt. Brian Greene at 533-5561.

New gallery opens

The Huachuca Art Association will open its new Art Gallery, located on 3816 Astro Street in Hereford with a show titled Meet the Artists: Three Gentlemen. An opening reception will be held tomorrow, 4 - 7 p.m. For more information, call officers Sue Thatcher at 378-2000, John Marvin at 803-6697, Sue Olivo at 803-1035, or Wendy Breen 378-1763.

MEDDAC golf scramble

The United States Army Medical Command Family Readiness Group will hold a golf scramble, May 2. The shotgun start will begin at 8 a.m. Slots will be filled on a first come first serve basis. For more information, call 533-1402/8363.

SECTION INSIDE

Support our troops

To find out how to show support to our troops see Page 2B.

Deployed soldier doesn't miss a beat

BY SPC. M. WILLIAM PETERSEN
11TH SIGNAL BRIGADE
PUBLIC AFFAIRS

In the darkness of the sleeping quarters at Camp Doha, Kuwait, a soldier is wide awake. On his face is a look of almost meditative calm as the light of his laptop screen outlines his features. For a moment, his look takes on the intensity of a surgeon's face. Suddenly it is gone; a half-smile crosses his face.

This is the look of a musician at his craft. Some soldiers bring guitars or harmonicas to the field. Spc. Peter Kulicki, an information systems analyst and operator for 11th Signal Brigade, uses a computer as his instrument.

With the customized computer he assembled specifically for his music, he composes a digital symphony starting with a blank sheet of binary paper. Whether at his home station, Fort Huachuca, Ariz., or in the sands of the Middle East, Kulicki's composing continues.

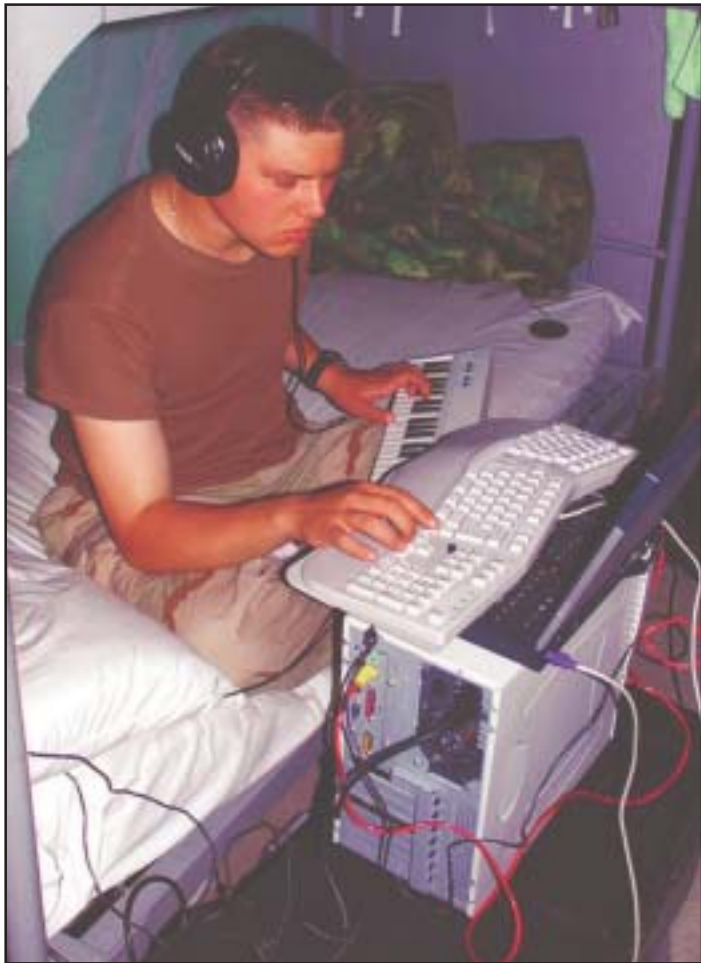


Photo by Spc. M. William Petersen

Spc. Peter Kulicki takes time at the end of his duty day at Camp Doha, Kuwait, to compose electronic music from his bunk.

Kulicki came to the United States from his native Poland at the age of 11 to live with his mother. He has been in the Army for nearly six years and in that time his music has gone from tinkering around on a MIDI keyboard to producing full-blown dance tracks, all without of formal training.

While his styles vary from hip-hop and trip-hop to dance-techno and trance, he lumps them in to the genre of "electronica."

"I started off DJing and started making my own mixes and people liked it," Kulicki said. "So I started making my own tracks. I started through an internet promoter selling full albums."

Within two years, he was producing music for other musicians. His notoriety and skills both grew, he hired a manager in New York and soon his DJ name, Squaremaster, was in the mouths of top hip-hop artists.

"Having people like Fat Joe, Ja Rule and Field Mob talk about me makes me feel that, so far, I've accomplished enough to be considered by these people," Kulicki said. "At the same time, I feel like I've only started."

His DJ name, Squaremaster, represents his creative environment.

"I think of myself as creative whenever I'm alone. Basically, when I relax

See DJ, Page 4

Barnes Field House courts reopening

BY STAFF SGT. SHARRON STEWART
TIME OUT EDITOR

It may be a little overdue, but the Barnes Field House basketball courts are tentatively scheduled to reopen Monday, said Susan Keltner, Barnes' assistant

manager.

Since the end of February, the gym floor has been off limits to patrons because it has been getting a new polyurethane finish after being professionally stripped down to the wood.

Keltner said extra time was

needed in order to allow a second coat of finish to dry. A total of 50 gallons was used. Keltner went on to say the previous finish was water-based and that polyurethane is a better protectorant.

Keltner, who has been working at Barnes since 1986, said the gym now features college dimensions on the basketball and volleyball courts.

Barnes has been open since 1958 and has suffered from leaks and water damage among other things.

She said in the past, the gym staff would do the floors, but that this is the first time that she recalls that the wood was stripped all they way down.

"I think the patrons will absolutely love it. Everything looks great," Keltner said



Photo by Staff Sgt. Sharron Stewart

Barnes Field's house basketball courts are scheduled to open Monday.

Pat Dunbar is artist of the month at post library

BY NATALIE DANFORTH
ADMINISTRATIVE LIBRARIAN

The artwork of Pat Dunbar will be on display at the Fort Huachuca library during April.

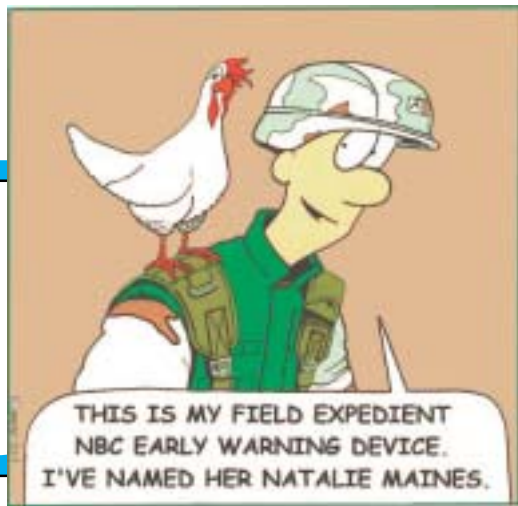
Dunbar, best known for her floral pastels and watercolors, began painting in 1981. She paints from her own photographs, and is

rarely without her camera. She said each photo helps remind her of the conditions surrounding her photo experience.

In 1989, she concentrated her efforts in watercolor while studying with the late Beverly Dickerson. Throughout that association, Dickerson showed Dunbar the spontaneity and excitement than can

occur when water is added to pigment and paper. Her goal is to capture the brilliance and beauty of flowers, while suggesting the serenity and grace of nature. She is exploring the medium further learning more about glazing, loose wet-in-wet and "negative" techniques.

For more information, call 533-3041.



By Mark Baker

Pt. Murphy's Law

Childhood obesity rising, can cause diabetes, high blood pressure in children

BY STAFF SGT. SHARRON STEWART
TIME OUT EDITOR

In order to combat and prevent childhood obesity, personnel from Raymond W. Bliss Army Health Center will work with Fort Huachuca's Youth Services to teach the post's children how to make healthy living and eating choices.

The program is still in the works, but the community needs to be aware of the problem, according to Selina Jeanise, director, Health Education Resource Center. She said childhood obesity is on the rise nationally and on Fort Huachuca.

Depending on their age or gender, children are at risk for being obese if their Body Mass Index is in the 85-95 percentile.

The Center for Disease Control defines childhood obesity as being 95 percent of the BM which is a guideline that is based on height, weight, age and gender.

The BMI can also be used to determine if a child is over or underweight. Obesity can also be defined as being at least 20-25 pounds overweight.

CDC has stated on their Web site that obesity in children and adults is a national epidemic. Jeanise said according to the National Center for Health Statistics, the percentage of children at or above the 95 percentile range, which is approximately nine million children, is triple that of 1980.

She went on to say that nationally, approximately 10 percent of preschoolers between 2-5 are obese and that is an increase of seven percent from 1994.

"Obesity is a serious national problem," said Dr. Reyes pediatrician for RWBAHC's Pediatrics Clinic. "A very high number of children come in here with a BMI that is higher than 90. Obesity also increase a

child's chances to get hypertension," Reyes said.

Currently when a child has been identified has a having a high BMI, they have their blood drawn among other things and they have a nutrition consultation.

April Gentry, pediatric nurse practitioner for the GIFTS program, said children who are overweight have a high risk for long-term health problems such as diabetes and hyperlipidemia, which is an increase in fat in the blood, and hypertension.

Children who are obese run a much greater risk for diabetes, heart disease, stroke, high blood pressure and some types of cancer. "Diabetes wrecks havoc on a persons body. We are talking about 10 year olds who weigh 200 pounds. Their diabetes would more than likely go away if they lost weight," Jeanise said.

She said as of 2001, statistics point out only 32 percent of high school students participate in daily physical activity.

She went on to say direct causes of childhood obesity can be traced to easy access to snack machines, increased portion sizes, and the fact that 80 of young people don't eat suggested servings of fruit and vegetables.

"Parents must work in conjunction with health care professionals," Reyes said.

Jeanise noted that the U.S. Surgeon General is spearheading a national program called Healthy People 2010 that is specifically aimed at helping the American public attain a healthier lifestyles.

Jeanise said according to CDC statistics, health education programs work.

"The battle for our children's health can be won, but parents are a child's most important ally when it comes to a healthy lifestyle," Jeanise said.



Photo by Staff Sgt. Sharron Stewart

Childhood obesity is becoming a serious problem and has been called a national epidemic by the Center for Disease Control. The problem can be avoided by allowing children to play, eat healthy and teaching them to make overall healthy choices.

304th triumphs over 306th in ‘keeper of the plaque’ soccer match

304TH RELEASE

In the early morning hours of March 26, the 304th and 306th Military Intelligence Battalions met at Foster Field for their final match as part of the 112th Military Intelligence Brigade. Historically, the 306th was in the lead with two resounding victories over the 304th 6-1, May 8 2000; 3-0, May 18, 2001.)

The 304th had returned the favor with a close 3-2 win in overtime on 18 September 18, 2002.

The stakes were high going into this match because the winner would keep the plaque indefinitely.

The game commenced shortly following reveille with an aggressive drive by the 304th led by Lt. Col. Brian Lesieur, 304th MI commander. The 304th scored due to a successful

penalty shot by Chief Warrant Officer 2 David Ellis. Both teams maintained a tenacious defense preventing further scoring for the rest of the half. After a motivating speech by the 306th coach, Maj. James Baker, the 306th started the second half with an overwhelming offense.

Lt. Col. Brian Ward, the 304th keeper, prevented several attempts to score, however, the pressure continued to mount. The 306th offensive broke through when Spc. Ernesto Alonso Bolanos scored from the top of the box.

With the scored tied at 1-1 both teams rallied to the colors because neither team wanted to take the match into overtime. As the action intensified it seemed as though both team defenses would hold.

Then through the crowd of white jerseys, Ellis was able to pass to Lesieur for a goal. With less then five minutes left in the game, Lesieur once again scored to assure victory.

Following the handshakes, Col. James Slavin, 112th MI Brigade commander, presented the plaque to the Lesieur and the 304th MI Team. Additionally, he presented coins to other players for the abuse they received preventing goals during the intense match.

The soccer competition between the two sister battalions has served as a focal point to foster esprit de corps. Through the spirit of competition both battalions displayed a great team effort and respect of each other’s talents.

The match has proven that each of the battalions are true competitors and has helped develop their warrior spirit. Each of the Battalions look forward to competing against their new sister battalions in the 111th MI Brigade and hope to pursue the title of USAIC’s best battalion in the sport of soccer.



Photo by Sgt. Maj. Rudo Rodriguez

304th triumphs over 306th in the keeper of the plaque soccer match.

Fatal bike injuries can be prevented with proper safety precautions

BY STAFF SGT. SHARRON STEWART
TIME OUT EDITOR

“Nice weather is approaching and with it so will bicycle riding and bike-related accidents,” said Bill Heran, post safety officer.

Traditionally April, May and June have a sharp increase in the rise of national bicycle accidents. Bikes are associated with more childhood injuries than any other consumer product except the automobile. “More than 300,000 children under the age of 14 were treated in hospital emergency rooms because of bike-related injuries. Almost half were diagnosed with traumatic brain injuries, that’s 150,000 children under 14 with brain injuries,” he said shaking his head.

He went on to note 90 percent of children who die because of bike related injuries were involved in vehicle accidents and 40 percent of the children who die from bike related deaths, die because of head injuries. An astounding three-quarters of those are fatal dead injuries and happened to children

under age 14.

He said it’s estimated that 75 percent of fatal injuries could actually be prevented if children wore a bicycle helmet. “Non-helmeted riders are 14 times for likely to be involved in a fatal crash than helmeted riders,” he said.

He said 74 percent of vehicle-related bike incidents do not occur at an intersection, happen between May - October between 3-7 p.m. “These accidents typically occur within a mile of the house or even around the house. Children four and under are more likely to be injured in the driveway, garage or yard,” Heran said. Bike accidents involving vehicles also occur at dawn, dusk or night. “Clearly, visibility is an important factor,” he said.

The following are nine bike-safety guidelines:

- Wear a helmet.
- Make sure your bike is in good condition, is the right size and properly adjusted.
- See and be seen: make sure the bike and

child has bright reflectors and watch for vehicles.

- Learn the rules of the road and obey them.
- Watch where, how and when you ride. Be alert to your surroundings.
- Don’t use headphones, they drown out the noise of oncoming traffic.
- Ride with a buddy, if you break down, someone is there and it also decreases the risk of personal attack.
- Tell someone where you are going.

Heran can attest to the fact that helmets can save a child’s life. He related how several years ago his daughter was riding to school wearing the free helmet his insurance company provided, when she hit a rock that pitched the front wheel sideways and flipped her off the bike. “She landed on the ground, right on her head and cracked the helmet, but she didn’t sustain any injuries besides minor scrapes and bruises,” he said.

For more information on avoiding childhood injuries, visit www.safekids.org.

Americans show they care with ‘Gifts From the Homefront’

BY FRED BLUHM
AAFES

Americans can now make a significant contribution toward the morale and well being of a loved one, family member or dear friend associated with the U.S. military, regardless of where they are stationed - at home or overseas. These “Gifts From the Homefront” CertifiChecks come as a result of a new partnership between the Army and Air Force Exchange Service, and CertifiChecks, America’s hometown gift certificate resource center.

CertifiChecks are redeemable for merchandise at all AAFES PX and BXs throughout the world. Details are available to anyone via the AAFES Web site, www.aafes.com, and by phone at 1-877-770-GIFT (4438). Sold by CertifiChecks, they can be purchased 24 hours a day, seven days a week, every day of the year, and come in denominations of \$10 and \$20.

Anyone may purchase these “Gifts From the Homefront” with a U.S. credit card or check, but only authorized AAFES customers can redeem them at any PX or BX throughout the world. At this time military authorities have advised that CertifiChecks can only be sent to a specific service member at his or her APO or US mailing address. AAFES is currently working to find a solution to allow CertifiChecks to be sent to units or non-specific troops.

AAFES currently has 34 stores located throughout SW Asia in support of Operation Enduring Freedom. CertifiChecks can be redeemed at these facilities to purchase such items as health and beauty items, soft drinks, candy, snack items, pre-paid calling cards and much more.

By clicking on the link “Gifts from the Homefront” at www.aafes.com, anyone can find out how to access an order form and complete the transaction online or via a toll-free number at 1-877-770-GIFT (4438). Purchasers living overseas can use the online links at www.aafes.com, or by downloading online forms from the CertifiChecks web site. These order forms can be mailed or sent by FAX directly to CertifiChecks. Customers may pay with a check if they use the order form.

The standard cost for the certificates is \$4.95 per order, which covers the costs for printing, mailing and handling of up to 20 certificates per order, providing they’re going to the same address. Delivery of the certificates normally takes between 4-10 days, possibly longer if going overseas.

Shipping and handling charges are slightly more for bulk orders of \$300 or more. “Gifts From the Homefront” CertifiChecks are redeemable at any AAFES Exchange by authorized exchange customers.

“This program should very much help relieve the critical mail transportation situation,” said Ed Pardini, Deputy Director of the Military Postal Service Agency.

Girl Scouts show they care by giving troops a taste of home

SCOUT RELEASE

Girl Scout cookies are a tradition that the Fort Huachuca service men and women will be able to enjoy even though they are deployed at this time.

The San Pedro Service Unit of Sahuaro Girl Scout Council were able to collect 77 cases of cookies from people who purchased them in support of our soldiers. These cases stacked over 924 boxes high and had a monetary value of over \$2, 500.

Along with the cookies are notes from girls as well as the people who purchased them.

There are also symbolic yellow ribbons tied around some of the boxes while others have a pocket flag with a poem.

The tradition of the Girl Scout cookies says it all; the main point being that this taste of home when enjoying the cookies will put a smile on a soldier’s face knowing the Girl Scouts and community back home are thankful for the job they are doing by serving our country.

Heading the committee for this project was Sheri Ward, San Pedro Girl Scout Service Unit Manager and Capt. Richard Barton, 504th rear detachment commander.

Girl Scout Troops who took part were



Courtesy photo

Girl Scouts representing the various San Pedro Girl Scout Service of the Sahuaro Girl Scout Troop are joined with Sgt. 1st Class Margaret Staggers, 2nd Lt. Austin Ly and 1st Sgt. Rhonda Hunter.

Brownie Girl Scout Troops 104, 176, 450, 482, 528, 587, 670, 726 and 1222. Junior Girl Scout Troops 419, 662 and 699 took

part, as did Cadet Girl Scout Troops 228, 348, 721 and 1224. Senior Girl Scout Troop 808 lent their efforts as well.

Take time to save a life, drive slower, avoid endangering others

BY STAFF SGT. SHARRON STEWART
TIME OUT EDITOR

Bill Heran, post safety officer, called speeding on post a serious and disturbing issue. “Since the war with Iraq and our heightened operation tempo, I noticed that folks seem to feel like they have to drive faster like they are in a hurry,” Heran said shaking his head.

“Coming in to work, I’ve noticed

them zooming by. It seems like this has increased since the war broke out,” he said.

He believes there could be several reasons for this including the perception that there may be less military police vehicles to patrol the roads, and the fact that people feel the need to get to their destinations faster for what ever reason.

“I did several quick calculations and if you go 50 miles per hour when you should go 35, you are only going to save 30 seconds. There is no place on post that is more than two or three miles from each other,” Heran said.

“Going 15 mph over the speed limit is only going to save you less than two minutes no matter where you are going. I think it’s much better to arrive two minutes later to your destination than to have a wreck on the way, injure yourself or endanger others,” he said.

“The war will go on with you or without you. Personally I’d rather it would be with you,” Heran said.

“Don’t allow excitement to direct your actions, be alert for others who may not be paying attention because of haste, frustration or fatigue. Drive safe,” Heran said.





Fort Huachuca Directorate of Community Activities Updates



The Directorate of Community Activities is responsible for content appearing on the MWR page in The Fort Huachuca Scout.

Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil.



Easter Buffet at LakeSide

April 20, the LakeSide Activity Centre will prepare a Easter Grande Buffet from 10:30 a.m.-2:30 p.m. The cost is \$17.95 for adults and \$7.95 for children ages 6-11. Children five years of age and younger dine for free. This event will be for the whole family. A delectable and delightful dining experience is planned for all who attend this special Grande Buffet.

APPETIZER STATION

Crawfish; Oysters on the Half Shell

CARVING STATION

Roast Lamb with Mint Jelly or Apricot Sauce

Glazed Pit Ham; Succulent Baron of Beef

BUFFET STATION

Chicken Kiev; Bronzed & Seared Salmon

3-Cheese Au Gratin Potatoes; Smiley Face “Taters”

LakeSide Swiss Benedicts; “Freedom” Toast Sticks and much, much more!

plus, Pasta Station, Omelet Station, Pastry Station, Juice Bar, and Dessert Bar an array of vegetables, potatoes, freshly baked rolls, croissants and crusty bread

Call 533-2194 to make your reservations today.

Tickets Available at MWR Box Office

Tickets are now on sale for “Sesame Street Live,” at Tucson Convention Center for the following performances: May 1 - 7 p.m., May 2 - 10:30 a.m. & 7 p.m., May 3 - 10:30 a.m. and 2 p.m., May 4 - 1 p.m. & 4:30 p.m.

Tickets for the following attractions at TCC are also available at the Box Office: “Cats” Saturday - Monday, “LaBoutique Fantasque” April 12 and 13; and the Mariachi Espectacular” April 25.

Other great specials available at the Box Office include:

- Discounted tickets for the Tucson Sidewinders home games. Today - Sunday, at 6:30 p.m. and April 6 at 2 p.m., the Sidewinders play the Edmonton Trappers.
- Check out our rates for hotel reservations for the Tucson and Phoenix areas.
- Planning to visit Disneyland in California? We have annual passes for this attraction at great savings that may be purchased by military, DOD or NAF ID cardholders.

Prices vary. Call 533-2404 for information or drop by the MWR Box Office located in the MWR Plaza, Bldg. 52008 on Arizona Street. MWR Box Office is open Monday - Friday, 9 a.m. - 5 p.m.

Volksmarch at Sportsman Center

A 10K Volksmarch will be held April 27, 10 a.m. - 4 p.m. Cost to take part in the event is \$5, and you should pre-register at the Sportsman Center.

Take a leisurely outdoor walk through scenic view in the Huachuca Mountains. Refreshments will be available, and you'll have the opportunity to enjoy lots of fun and fresh air.

For more information, call 533-7085.

Fort hosts Festival of the Southwest

The Festival of the Southwest, which has been held in Sierra Vista at Veterans Memorial Park in past years, has moved to the R.L. Anderson Special Events Park on Fort Huachuca this year. The event is set for May 2 - 4. The festival is open to the public and there are no admission fees.

There will be many attractions for the entire family, including the City of Fun Carnival. Advance tickets for the carnival are on sale **now** at the price of \$6 for 10 tickets, at the following locations: MWR Box Office, Desert Lanes, MWR Rents and Sierra Vista Safeway. During the carnival, the cost will be \$8 for 10 tickets.

ICW Wrestling moved to Eifler Fitness Center

International Championship Wrestling, Inc., which had been scheduled to be held at Barnes Field House, has been moved to Eifler Fitness Center. The event, which is being hosted by the Directorate of Community Activities, Recreation Services Division, is set for Saturday. Doors will open at 6 p.m. Bouts start at 7 p.m.

Tickets are on sale at MWR Box Office, Desert Lanes, MWR Rents and Sierra Vista Safeway for just \$5. Tickets will be \$8 at the door.

Food, craft, nonprofit, military, Family Readiness Groups and information vendors are wanted. For information on space available, contact Recreation Services Division at 538-1690.

Intramural Coed Golf program

The Intramural Coed Golf program will begin May 19 at the Mountain View Golf Course. The team coaches meeting will be conducted at Barnes Field House April 22 at 10 a.m.

All units interested in participating in this program should attend this meeting. A letter of intent with coach/captain name, duty phone and e-mail address should be included with the letter of intent.

Golf teams will consist of four members, and matches are scheduled to begin May 19 at 3 p.m. This is a minor Commander's Cup Sport. For more information, contact Michelle Kimsey at 533-3180.

B.O.S.S. to host golf tournament

The Fort Huachuca Better Opportunities for Single Soldiers will host a golf tournament on April 18, beginning at 8 a.m. This event, which will be held at Mountain View Golf Course, is open to everyone. The entry fee is \$30 per person.

First, Second and Third place prizes will be awarded, as well as prizes for the longest drive, closest to pin and a putting contest. Format is a four-person scramble.

If you don't have a team, you will be placed on one. Sign up early. Slots will be filled on a first-come, first-served basis.

For more information, call at 533-7395.

Ticket pre-sale for concert will be Saturday

Top country recording artists “Lonestar,” along with special guest Tammy Cochran, have been booked to perform at Libby Army Airfield May 17 for the 2003 Miller Lite Army Concert Tour. Tickets go on sale to the general public Monday.

But for big savings, be sure to purchase your tickets at the pre-sale Saturday. That day only, from 10 a.m. - 2 p.m., you'll be able to buy a family or group package of four tickets for just \$40, or an individual ticket for \$15. There will be a limited number of tickets available at this special price at MWR Box Office and outside Sierra Vista Safeway.

Monday, when the general sales to the public begin, the price will be \$17 per ticket. The day of the show, the price will be \$20. So buying the 4-ticket package during the pre-sale can save you 50 percent over the cost on the day of the show.

Monday, when the general sales to the public begin, the price will be \$17 per ticket. The day of the show, the price will be \$20. So buying the 4-ticket package during the pre-sale can save you 50 percent over the cost on the day of the show.

Spring Youth Fest set for April 26

The Directorate of Community Activities, Child and Youth Services and Recreation Services Division, along with Lawley Automotive Group, will sponsor the annual “Spring Youth Fest” on April 26. The event will be held at the Youth Services Building, Child Development Center and at Geronimo and Foster Fields.

There will be lots of fun, food, games, a dunk tank, a book fair, jump castles, bands and B Troop and more.

For more information, call 533-8437.

Mountain bike race set for April 4 - 6

Recreation Services Division, Sports and Fitness, will host the Fort Huachuca Mountain Bike Race tomorrow, Sat-

The following bouts have been scheduled: Buff Bagwell vs. Norman Smiley; Disco Inferno vs. The Navajo Warrior; Erica vs. Nikki (ladies match); Hollywood vs. The Black Scorpion; and Shane and Shannon Ballard vs. Jason and Johnny Riggs (tag team match).

There will be a “Meet the Wrestlers” autograph session from 5-6 p.m. held at the Post Exchange. The only change in the event is the location of the actual matches. Everything else remains the same.

urday and Sunday. The race, which is part of the Arizona State Mountain Bike Association Series #5, will start at Wren Arena, across from Buffalo Corral. One-day licenses are available for first timers. There will be military categories.

For more information, call Michelle Kimsey at 533-5031 or MBAA at 602-351-7430.

Expanded hours at MWR Arts Center

MWR Arts Center has expanded their hours. Beginning Monday, they will be open Mondays from noon-8 p.m. Hours other days of the week will remain the same.

For more information, call Ricardo Alonzo at 533-2015

Right Arm Night at LakeSide

The LakeSide Activity Centre will host the next CGs' Right Arm Night tomorrow at 4 p.m. Karaoke with Ken Edwards and a pay-as-you-go bar make this a lively spot to relax and socialize. Finger foods are available.

Trap shooting competition

The Sportsmans Center will host the State Championship for the Pacific International Trap Shoot Association Saturday - Monday beginning at 9:30 each morning.

Call Mick Gue at 533-7085 for more information.

Scuba classes to be held at BFH

Barnes Pool will be offering a scuba class starting Sunday. Classes are held on Sundays from 10 a.m.-2 p.m. at Barnes Indoor Pool and are open to the public. Cost is \$150.

For more information, call Dennis Ballard at 803-0308 or Barnes Pool at 533-3858.

Disco at LaHacienda

LaHacienda will discontinue their Saturday night disco program. The final night will be April 12, 10 p.m.-2 a.m.

Latino and Top 40 music will continue to be offered on Friday nights, 10 p.m.-2 a.m.

Barnes Pool offers junior lifeguard class

A junior lifeguard class, for ages 11-14 will be held at Barnes Pool Saturday, April 12 and April 19. The class is open to the public. The cost is \$25 and includes your books and a junior lifeguard shirt. Participants must attend all three classes to receive certification

Space is limited, so register early at Murr Rec Center with Marty Johnston at 533-8437.

Half price paintball

The Sportsman's Center has scheduled Half-Price Paintball Day for Saturday. Just \$10 covers the cost of the gun, mask, CO2, field fee and 100 rounds of ammo.

All Army Chess

The 2003 All Army Chess Championships will be held June 20-27 at Fort Myer in Arlington, Va. Players must have played in a U.S. Chess Federation rated tournament or have a USCF rating. Anyone interested in competing should call Les Woods at 533-3180.

Doubles Tournament at Desert Lanes

Desert Lanes will hold a Doubles Handicap Tournament Saturday. Squad times are noon and 2:30 p.m. The handicap is 80 percent of 200, highest current average. You'll bowl three games on the same pair of lanes.

Entry fee is \$30 per couple. Call Randy Carter at 533-2849 for more information.

DJ from Page B1

ideas come to me, and it’s usually in that four-wall setting, that square,” Kulicki said. “Within that space, you become a master of your craft. That’s where my creativity starts.”

Kulicki draws his influence from fellow electronica artist Aphex Twin [Richard D. James], and from producers such as Dr. Dre and the Neptunes. Samples of Kulicki’s original music are available at his web site, *SquareMaster.com*.

“My main emphasis is to push the envelope of ‘futuristic.’ Everybody is going that way a little, but producers try to keep it safe so the record labels won’t say, ‘This is too weird,’” he said. “I push that, like Japanese concept cars: they look weird, but they’re still cool. Right now I’m going towards hip-hop because that’s what’s asked of me. I’m still very techno-oriented, but when you think about it, hip-hop is basically techno with words over it.”

While stationed stateside, Kulicki’s equipment consists of analog and digital synthesizers, sequencing software and hardware, mixers and turntables. For his deployment, he devised a smaller kit consisting of a laptop, headphones, a small keyboard and a home-built computer.

“The CuBOX is a computer I built myself specifically for music production and have put 3,000 dollars worth of hardware into,” he said. “In total, I’ve spent around 5-6,000 dollars on equipment, including what

I’ve got at home.”

Why haul this expensive gear halfway around the world?

“I’m trying to take away as little as possible from what I’ve been doing,” he said. “I want to keep evolving with the music I’m making no matter where I am.”

Kulicki’s music starts in his mind: he starts with the ticking beat, then slowly builds mentally upon that, chord by chord. Eventually, it’s a finished product without a form.

“Then, in a sense, I just write it down,” he said. “When I’m downrange, I can still use a laptop like a notepad to work on rough drafts. I’d have the melody in my laptop, so I wouldn’t be working from scratch when I returned.”

Since reaching Camp Doha, Kulicki has been not only refining projects started at Fort Huachuca, but beginning new tracks as well from the relative comfort of his bunk.

The tracks can take anywhere from hours to weeks to compose, but the desire to make music makes the effort worth it, he said.

In the few spare hours he has, Kulicki sets up his gear on a footlocker beside his bunk and gets back to making music as much as possible.

Some day, and it could be soon, when soldiers are in the club and out on the dance floor, they may be dancing to the sound of a Kulicki’s digital diversion, a hot track from the deserts of Camp Doha.



Courtesy photo

‘We are the champions’

The Colonel Smith Middle School 11 and 12 year old girls won the Cochise Youth Classic Run Team Championship last Saturday at Buena High School. This is the 6th year the girls team has brought home the winning trophy. Medal winners included Maria Bowman, Amanda Hupp, Keisha Daniels, Viona Miller, Alysse Hawk and Caitlin Connely The Smith Middle School boys finished second with Derel Lane earning the 1st place gold medal. Other medal winners were Mathew Buehl and Troy Powders.

Programs support troops, help military families

BY RUDI WILLIAMS
AMERICAN FORCES PRESS SERVICE

Press reports about the American public sending thousands of e-mails in support of troops are only partly correct, according to Navy Cmdr. Rudolph “Rudy” Brewington.

There are nearly a million messages to the troops in cyberspace, he said. On the other hand, he added, they’re not e-mail messages.

He said there’s a misnomer with respect to the Dear Abby Web site operation and troop-supporting sites. “It’s not sending e-mail,” emphasized Brewington, the public affairs officer for the Navy’s quality of life site, LifeLines Services Network. “When we structured this, we purposely made it a Web-based online version so as not to clog up e-mail systems at bases, and particularly on ships.

“So press reports that have been calling it e-mail isn’t correct, it’s online messages,” Brewington pointed out. He said people can post their messages on the Internet at www.lifelines2000.org, www.OperationDearAbby.net, and <http://anyservicemember.navy.mil/About.html>.

He noted that all the Web sites are powered by the Navy’s LifeLines, but the message program’s for all the services, including the Coast Guard.

Here’s how it works: When supporters send messages to troops, service members with Internet access may read the messages via “OperationDearAbby.Net.” Service members who don’t have Internet access can still read the messages, because company commanders can download bulk messages to be printed and distributed.

The messages are broken down by branch of service and by state. Troops can read the messages by going to the site and looking up their specific branch and state, the commander said.

“All this came into being in November

of 2001,” Brewington explained. “After the anthrax situation, the Department of Defense suspended the Any Service Member Program, which had been going on for a number of years by advice columnist Dear Abby. We here at LifeLines decided we could do something about it. So we developed this Web-based alternative. We presented it to DoD and they immediately embraced it.”

He said now DoD, the White House and others are pushing these programs to the public saying, “If you want to support the troops, this is a very tangible way of doing it,” the commander said.

“Since the inception of this Web site, we’ve received in excess of 900,000 messages, particularly in the last week or so with the onset of hostilities,” Brewington noted. He said among DoD partners in the program is AARP, CNN’s Larry King Live and the White House Commission of Remembrance.

Wal-Mart recently became a partner, he said. “Wal-Mart has set up kiosks in their stores where viewers can send messages of support to men and women stationed overseas,” he said. “This service was launched on March 24. In the first 24 hours, almost 11,000 messages were sent from their stores.”

Brewington said a thank you to the troops can be sent at DoD’s news site about the war on terrorism, Defend America, at www.defendamerica.mil/nmam.html. Well-wishers enter their name, city, state and country to be added to a list of names that are going to be sent to the troops. So far, more than 8.8 million people have said, “Thank you,” to service men and women.

Many other programs and organizations offer support for the troops and help for military families. You can search for ways to help in your community through the USA Freedom Corps Volunteer Network at http://www.usafreedomcorps.gov/for_volunteers/index.asp.

Huachuca mountains athletic event, outdoor fun for all

There will be a John Cooper and Perimeter Trails Tour April 26. Hikers, runners, joggers, horseback riders and mountain bikers, take note.

The tour begins at the Perimeter Trailhead approximately two miles up

Miller Canyon Road off Highway 92 in Hereford. For more information, or to get an application on line, visit www.dawntodustmountainbikeclub.org.

Mountain bikers will leave at 7 a.m., followed by runners and joggers at 7:30 a.m. Horseback riders depart at 8 a.m. and hikers leave at 8:15 a.m.



Photo by Staff Sgt. Sharron Stewart

Reading is fun

Franklin the Turtle, (Holly Hamrick) gets surrounded by his loving friends during Myer Elementary Schools bi-annual book fair. Pictured from left to right are Mahle Truit, Katerina Brown, Aurora Truit, Alana Truit, Marissa Brown and Selana Brown.

Support AER, soldiers helping soldiers